

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:2, starttime: 08:36	
Heat: 2/12 Lane : 6 Athlete: VOLDERS ELLA							Q-time: 05:07:63	
PB (50m pool): 05:12.32 Wezenberg 01/02/2026				PB (25m pool): 05:07.63SB: 05:12.32 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.69	01:13.78	01:53.86	02:34.32	03:14.88	03:55.19	04:35.01	05:12.32
	00:34.69	00:39.09	00:40.08	00:40.46	00:40.56	00:40.31	00:39.82	00:37.31
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:5, starttime: 08:52	
Heat: 5/12 Lane : 1 Athlete: BAHLOULA ANISSA							Q-time: 05:03:11	
PB (50m pool): 05:03.11 Wezenberg Topsportbad, Antwerp 18/08/2025 PB (25m pool): 05:22.30 SB: 05:24.28 Wezenberg 01/02/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:11.71	no time	02:30.03	no time	no time	no time	05:03.11
	no time							
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:5, starttime: 08:52	
Heat: 5/12 Lane : 8 Athlete: TALBOOM MAJA							Q-time: 05:03:43	
PB (50m pool): 05:03.43 Wezenberg Topsportbad, Antwerp 18/08/2025 PB (25m pool): 05:11.10 SB: 05:03.62 Antwerpen 08/03/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:10.76	no time	02:28.23	no time	no time	no time	05:03.43
	no time							
								

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:11, starttime: 09:25	
Heat: 11/12 Lane : 7 Athlete: GARREVOET HANNE							Q-time: 04:49:18	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:12, starttime: 09:31	
Heat: 12/12 Lane : 8 Athlete: MOR IRIS							Q-time: 04:45:65	
PB (50m pool): 04:45.65 Antwerpen 08/03/2026			PB (25m pool): 04:46.13SB: 04:45.65 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.37	01:08.53	01:45.16	02:22.34	02:59.20	03:36.08	04:12.23	04:45.65
	00:32.37	00:36.16	00:36.63	00:37.18	00:36.86	00:36.88	00:36.15	00:33.42
								

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14							Heat:1, starttime: 09:36	
Heat: 1/8 Lane : 3 Athlete: ARTEMOV FYODOR							Q-time: 03:07:37	
PB (50m pool): 03:07.37 Olympic Pool Wezenberg, Antwer 29/03/2026							PB (25m pool): 03:25.91 SB: 03:07.37 Olympic Pool Wezenberg, Antwer 29/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M				
PB	00:42.15	01:29.03	02:18.08	03:07.37				
	00:42.15	00:46.88	00:49.05	00:49.29				
								

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14							Heat:2, starttime: 09:40	
Heat: 2/8 Lane : 7 Athlete: VAN CAMPFORT OLIVIER							Q-time: 03:05:66	
PB (50m pool): 03:05.66 Antwerpen 19/04/2026				PB (25m pool): 03:05.76SB: 03:05.66 Antwerpen 19/04/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M				
PB	00:41.60	01:28.53	02:17.23	03:05.66				
	00:41.60	00:46.93	00:48.70	00:48.43				
								

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:44
Heat: 3/8 Lane : 3 Athlete: APERS REDA					Q-time: 03:01:84
PB (50m pool): 03:01.84 Antwerpen 19/04/2026					PB (25m pool): no time SB: 03:01.84 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.57	01:26.14	02:13.86	03:01.84	
	00:39.57	00:46.57	00:47.72	00:47.98	
					

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:8, starttime: 10:01
Heat: 8/8 Lane : 8 Athlete: CRISTIAN DAMIAN IANIS					Q-time: 02:45:13
PB (50m pool): 02:45.13 Antwerpen 19/04/2026					PB (25m pool): 02:53.36 SB: 02:45.13 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.22	01:19.10	02:02.53	02:45.13	
	00:37.22	00:41.88	00:43.43	00:42.60	
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12				Heat:2, starttime: 10:08
Heat: 2/20 Lane : 3 Athlete: BLOCK OLIVIA				Q-time: 01:35:99
PB (50m pool): 01:35.99 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 01:39.11 SB: 01:35.99 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M		
PB	00:46.18	01:35.99		
	00:46.18	00:49.81		
				

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12				Heat:3, starttime: 10:10
Heat: 3/20 Lane : 1 Athlete: BOLSIOUS CAROLINE				Q-time: 01:34:64
PB (50m pool): 01:37.69 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 01:34.64 SB: 01:37.69 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M		
PB	00:47.54	01:37.69		
	00:47.54	00:50.15		
				

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:4, starttime: 10:13
Heat: 4/20 Lane : 3 Athlete: HERMANS MORI			Q-time: 01:32:78
PB (50m pool): 01:32.57 Mol 28/06/2026			PB (25m pool): 01:32.78 SB: 01:32.57 Mol 28/06/2026
	5 0 M	1 0 0 M	
PB	00:46.17	01:32.57	
	00:46.17	00:46.40	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:4, starttime: 10:13
Heat: 4/20 Lane : 6 Athlete: LACROIX MERIN			Q-time: 01:32:78
PB (50m pool): 01:36.02 Wezenberg 01/02/2026			PB (25m pool): 01:32.78 SB: 01:36.02 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:48.46	01:36.02	
	00:48.46	00:47.56	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:10, starttime: 10:28
Heat: 10/20 Lane : 2 Athlete: MAESEN AMÉLIE			Q-time: 01:26:67
PB (50m pool): 01:28.50 Mol 28/06/2026			PB (25m pool): 01:26.67 SB: 01:28.50 Mol 28/06/2026
	5 0 M	1 0 0 M	
PB	00:42.37	01:28.50	
	00:42.37	00:46.13	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:10, starttime: 10:28
Heat: 10/20 Lane : 5 Athlete: CORTEN ELENA			Q-time: 01:26:57
PB (50m pool): 01:27.58 Wezenberg 01/02/2026			PB (25m pool): 01:27.01 SB: 01:27.58 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.07	01:27.58	
	00:42.07	00:45.51	
			

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:10, starttime: 10:28
Heat: 10/20 Lane : 7 Athlete: BRAEKMANS ELLA			Q-time: 01:26:82
PB (50m pool): 01:26.82 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): no time SB: 01:26.82 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:42.75	01:26.82	
	00:42.75	00:44.07	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:11, starttime: 10:30
Heat: 11/20 Lane : 6 Athlete: VANDENVEN SAAR			Q-time: 01:26:31
PB (50m pool): 01:26.80 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:26.31 SB: 01:26.80 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:41.69	01:26.80	
	00:41.69	00:45.11	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:15, starttime: 10:40
Heat: 15/20 Lane : 8 Athlete: KEBERS AMÉLIE			Q-time: 01:22:62
PB (50m pool): 01:24.57 Wezenberg 01/02/2026 PB (25m pool): 01:22.62 SB: 01:24.57 Wezenberg 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:41.83	01:24.57	
	00:41.83	00:42.74	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:16, starttime: 10:42
Heat: 16/20 Lane : 5 Athlete: DE WIT FLORE			Q-time: 01:21:27
PB (50m pool): 01:24.40 Antwerpen 08/03/2026 PB (25m pool): 01:21.27 SB: 01:24.40 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:41.66	01:24.40	
	00:41.66	00:42.74	
			

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 20: 200M MEDLEY MEN 11-12					Heat:3, starttime: 11:01
Heat: 3/12 Lane : 2 Athlete: VERSCHEURE LARS					Q-time: 03:05:29
PB (50m pool): 03:31.97 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:05.29 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.95	01:42.63	02:45.96	03:31.97	
	00:48.95	00:53.68	01:03.33	00:46.01	
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12					Heat:4, starttime: 11:05
Heat: 4/12 Lane : 2 Athlete: EGGERMONT OLIVER					Q-time: 03:02:57
PB (50m pool): no time PB (25m pool): 03:02.57 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12					Heat:4, starttime: 11:05
Heat: 4/12 Lane : 8 Athlete: BOGAERT ISAAC					Q-time: 03:03:63
PB (50m pool): 03:10.78 Olympic Pool Wezenberg, Antwer 29/03/25 PB (25m pool): 03:03.63 SB: 03:10.78 Olympic Pool Wezenberg, Antwer 29/03/25					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.71	01:35.52	02:31.99	03:10.78	
	00:43.71	00:51.81	00:56.47	00:38.79	
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12					Heat:8, starttime: 11:19
Heat: 8/12 Lane : 4 Athlete: ROOSEN MATHIJS					Q-time: 02:52:16
PB (50m pool): 02:56.50 Sportoase De Watermolen 24/05/2026 PB (25m pool): 02:52.16 SB: 02:56.50 Sportoase De Watermolen 24/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.50	01:22.57	02:15.68	02:56.50	
	00:37.50	00:45.07	00:53.11	00:40.82	
					

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 20: 200M MEDLEY MEN 11-12					Heat:9, starttime: 11:22
Heat: 9/12 Lane : 8 Athlete: LENAERTS JOPPE					Q-time: 02:51:63
PB (50m pool): 02:58.66 Antwerpen 08/03/2026					PB (25m pool): 02:51.63 SB: 02:58.66 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.61	01:25.30	02:16.08	02:58.66	
	00:37.61	00:47.69	00:50.78	00:42.58	
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14					Heat:8, starttime: 11:49
Heat: 8/9 Lane : 5 Athlete: TALBOOM MAJA					Q-time: 01:20:35
PB (50m pool): 01:20.35 Antwerpen 08/03/2026					PB (25m pool): 01:21.00 SB: 01:20.35 Antwerpen 08/03/2026
	5 0 M	1 0 0 M			
PB	00:38.01	01:20.35			
	00:38.01	00:42.34			
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14					Heat:9, starttime: 11:51
Heat: 9/9 Lane : 6 Athlete: MOR IRIS					Q-time: 01:17:49
PB (50m pool): 01:17.49 Antwerpen 22/03/2026					PB (25m pool): 01:17.47 SB: 01:17.49 Antwerpen 22/03/2026
	5 0 M	1 0 0 M			
PB	00:36.52	01:17.49			
	00:36.52	00:40.97			
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:4, starttime: 13:05
Heat: 4/15 Lane : 2 Athlete: SCHELFAUT PIPPA					Q-time: 02:45:50
PB (50m pool): 02:47.71 Antwerpen 19/04/2026					PB (25m pool): 02:45.50 SB: 02:47.71 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.03	01:22.27	02:06.01	02:47.71	
	00:40.03	00:42.24	00:43.74	00:41.70	
					

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:9, starttime: 13:24
Heat: 9/15 Lane : 3 Athlete: BAHLOULA ANISSA					Q-time: 02:41:50
PB (50m pool): 02:42.01 Antwerpen 20/07/2025					PB (25m pool): 02:41.50 SB: 02:46.39 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.53	01:18.47	02:00.52	02:42.01	
	00:37.53	00:40.94	00:42.05	00:41.49	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:12, starttime: 13:35
Heat: 12/15 Lane : 2 Athlete: GARREVOET HANNE					Q-time: 02:38:12
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: